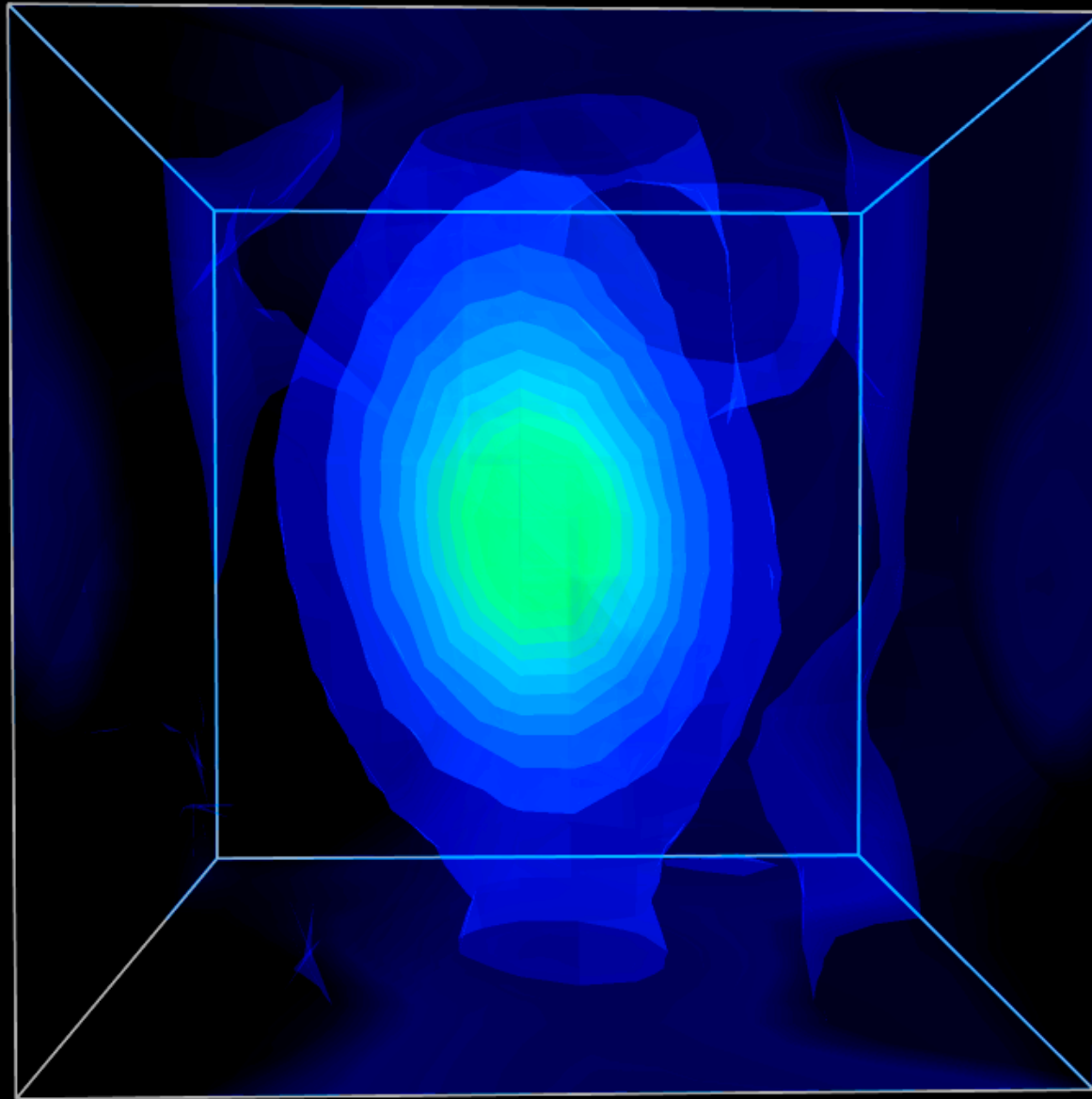


# Electroweak Sphaleron in a magnetic field



JA, Kari Rummukainen [arxiv:2301.08626]

# Electroweak Sphaleron in a magnetic field

## Contents:

- ◆ Why is sphaleron in a magnetic field interesting:
  1. Sphaleron has a magnetic dipole moment
  2. electroweak 'phase transition' gets modified in a magnetic field
- ◆ Measuring the sphaleron rate in a magnetic field
- ◆ Results

# Electroweak Sphaleron

- ◆ EW chiral anomaly leads to non-conservation of baryon and lepton number:

$$3\Delta N_{CS} = \Delta B = \Delta L$$

- ◆ Chern-Simons numbers:

$$N_{CS}(t) \equiv N_{CS}^W(t) - N_{CS}^Y(t)$$

- ◆ U(1):  $N_{CS}^Y(t) \equiv \frac{g'^2}{32\pi^2} \int_0^t dt \int d^3x \epsilon_{\alpha\beta\gamma\delta} B^{\alpha\beta} B^{\gamma\delta}$

↳ Trivial in vacuum. Identical to zero.

- ◆ SU(2):  $N_{CS}^W(t) \equiv \frac{g^2}{32\pi^2} \int_0^t dt \int d^3x \epsilon_{\alpha\beta\gamma\delta} F^{\alpha\beta} F^{\gamma\delta}$

↳ Non-trivial.

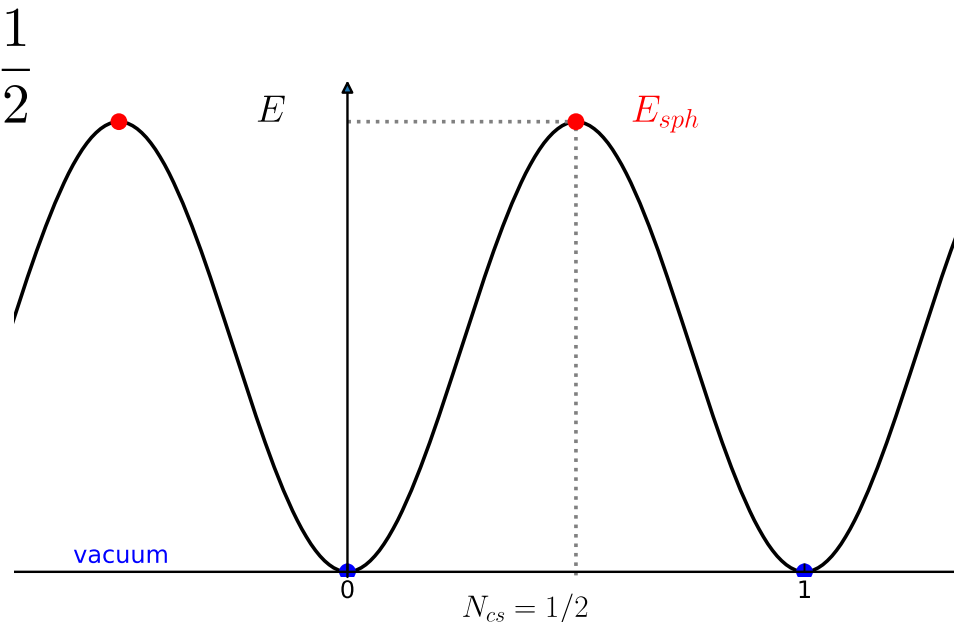
# Sphaleron arises from non-trivial topology of SU(2)

- ◆ Infinitely many classically equivalent but topologically different vacua.
- ◆ **Sphaleron**: finite energy solution of classical EoMs separating two topologically distinct vacua.

◆ In vacuum:  $N_{CS}^W(t) = \text{integer}$

◆ At Sphaleron:  $N_{CS}^W(t) = \text{integer} + \frac{1}{2}$

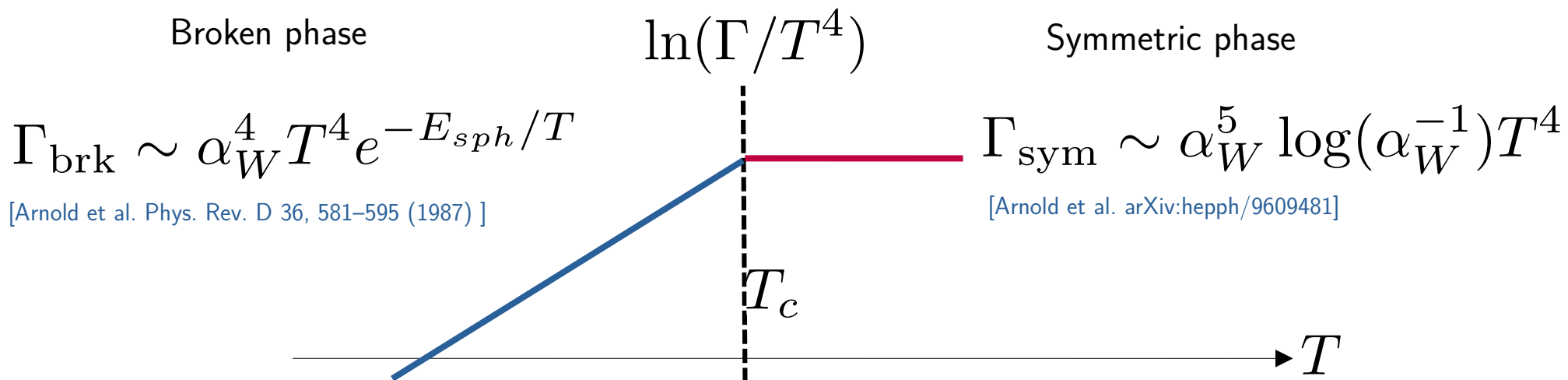
$$3\Delta N_{CS} = \Delta B = \Delta L$$



# Sphaleron rate

$$\Gamma = \lim_{V, t \rightarrow \infty} \frac{\langle N_{CS}(t)^2 \rangle}{Vt}$$

- ◆ How fast sphaleron transitions are happening
- ◆ How the rate behaves through the transition is important for Baryo/Lepto-genesis
- ◆ Studied extensively in the past without U(1): [D'Onofrio et al. ArXiv:1404.3565, others...]



# Why is sphaleron in a magnetic field interesting?

- ◆ 0. Magnetic fields could have been around during the electroweak phase transition.

# 1. Electroweak phase transition gets modified

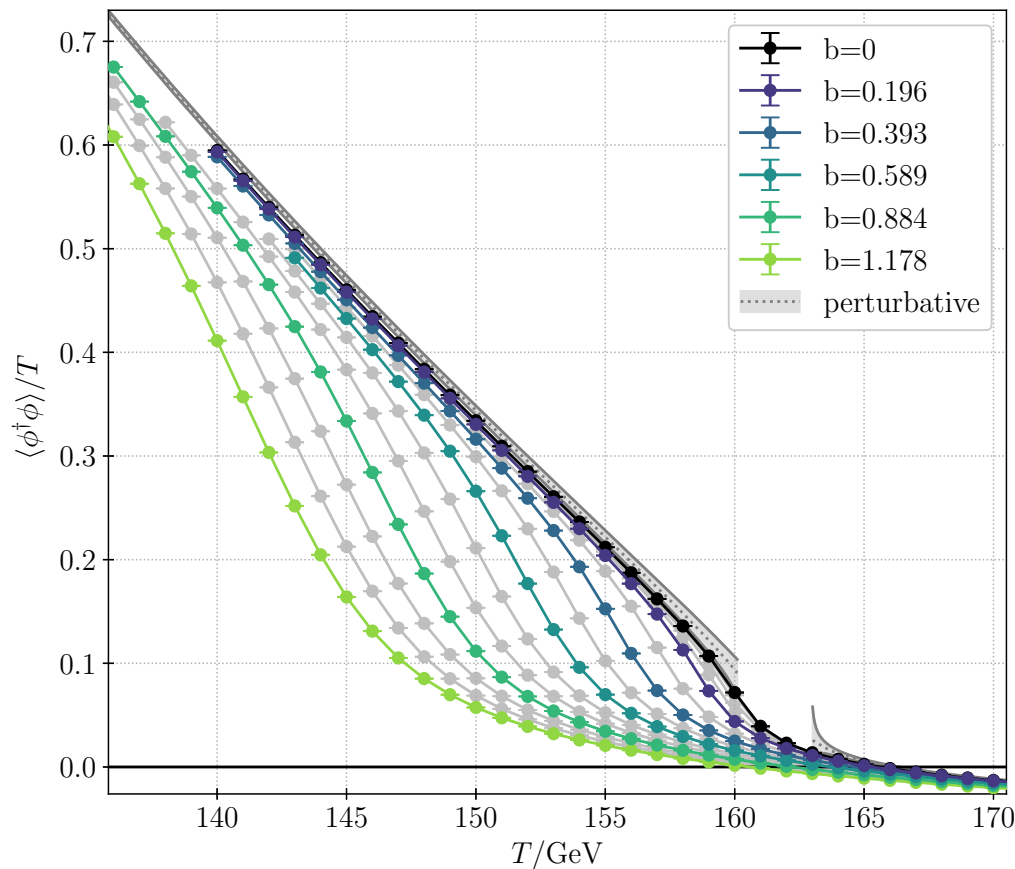
- ◆ The details of the electroweak phase transition is changed by an external (hyper)magnetic field.
  - ✦ Crossover temperature is shifted to lower temperatures and the “strength” is modified.
  - ✦ Higgs expectation value lowered thus sphaleron rate is increased.
- ◆ At zero temperature large magnetic fields yield interesting phenomena:
  - ✦ Periodic lattice of vortices: Ambjørn-Olesen phase.  
[Ambjørn & Olesen, Phys. Lett. B214, 565–569 (1988)]
- ◆ Have not been seen in finite  $T$   
[Kajantie et al. , hep-lat/9809004]  
[Chernodub et al. , 2206.14008]

# EW transition shifts to lower temperature

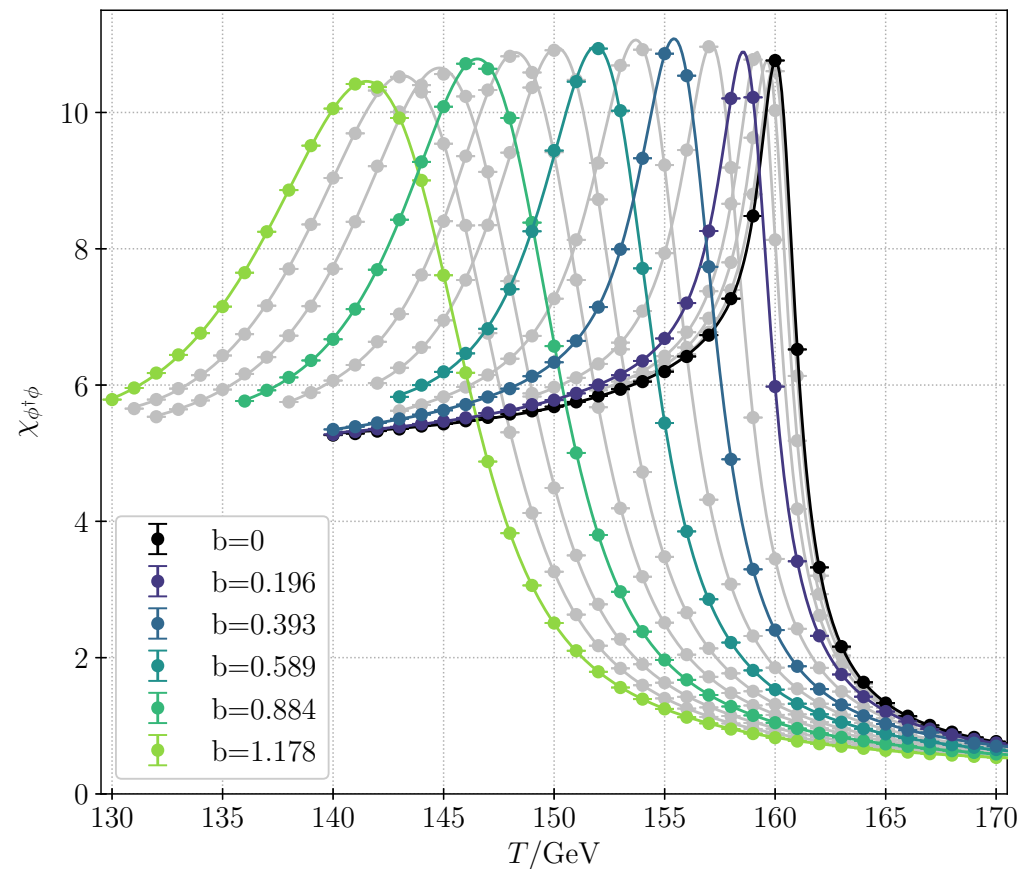
- With increased magnetic field the EW transition shifts to lower temperatures and the transition gets “wider”.

$$B_Y^{4d} \simeq 2bT^2$$

Higgs expectation value



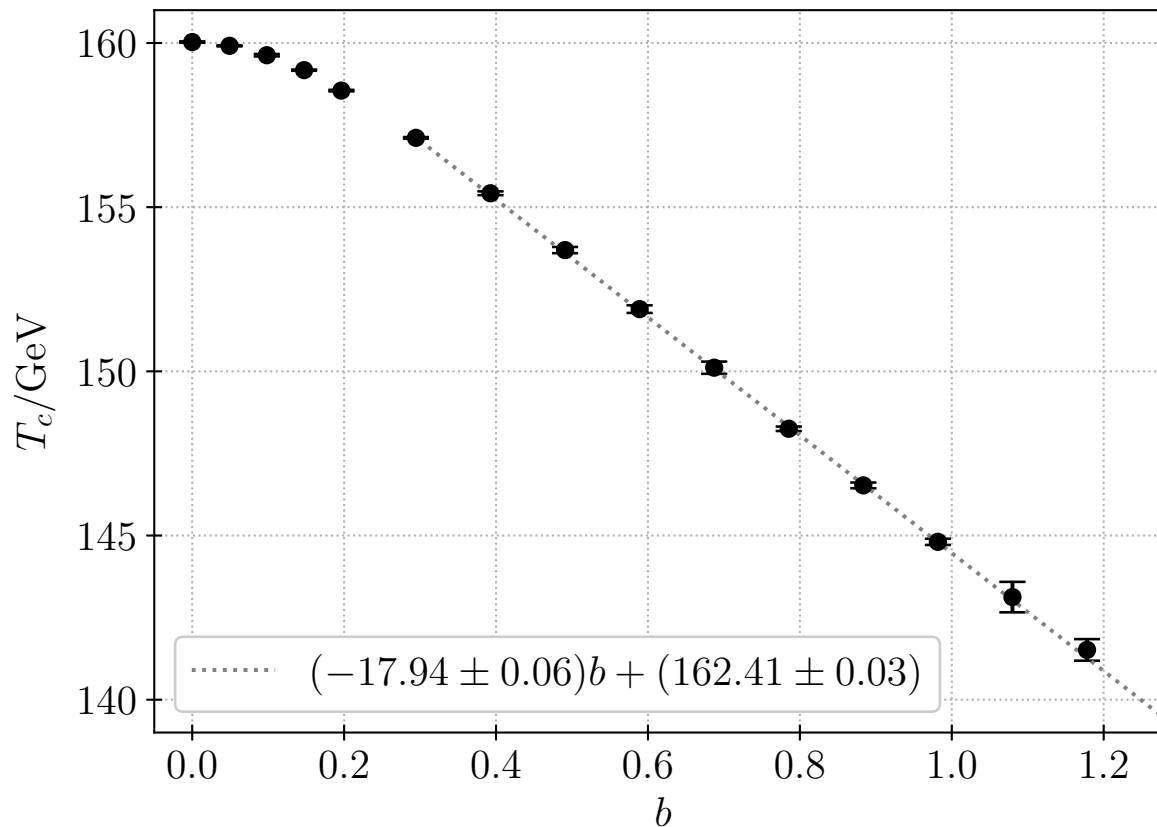
Higgs susceptibility





# EW transition shifts to lower temperature

- ◆ With increased magnetic field the EW transition shifts to lower temperatures and the transition gets “wider”.
- ◆  $T_c =$  peak of the Higgs susceptibility

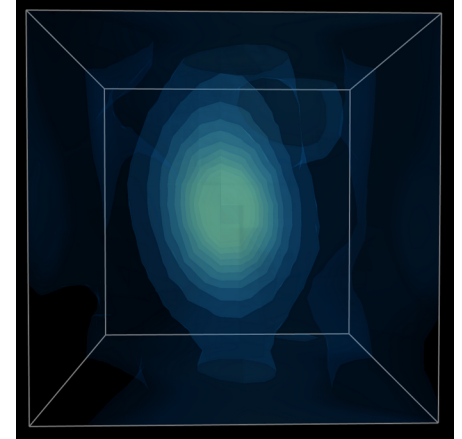


# 2. Sphaleron has a magnetic dipole moment

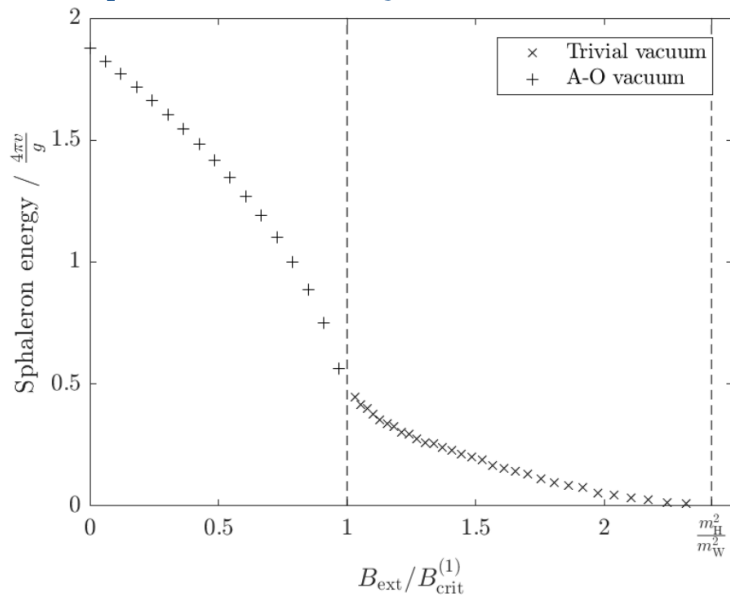
- ◆ In a magnetic field the energy of the sphaleron can be lowered.

↪ For small magnetic fields a dipole interaction is expected:  $\Delta E_{\text{sph}} = -B_{\text{ext}} \cdot \mu_{\text{sph}}$

- ◆ Sphaleron gets elongated along the magnetic field.



[L.-J. Ho & Rajantie, 2005.03125]:

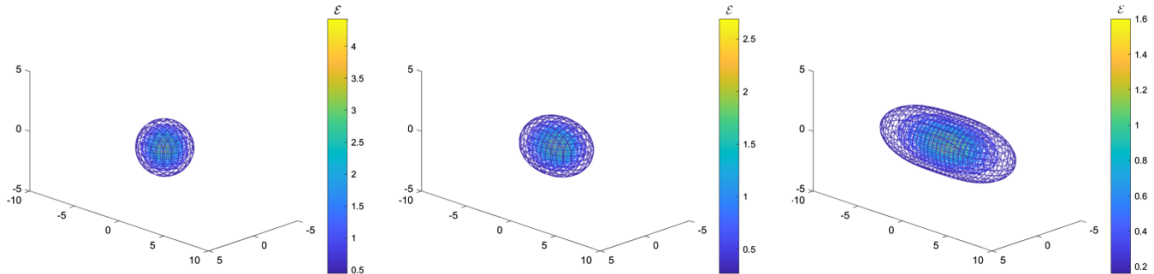


Change to sphaleron energy at large fields:

Non dynamical simulations at zero temperature:

ELECTROWEAK SPHALERON IN A STRONG MAGNETIC FIELD

PHYS. REV. D **102**, 053002 (2020)



# 3. U(1) CS number with external magnetic field

- ◆ With non-zero magnetic field the U(1) CS number also diffuses.
- ◆ Not restricted to integers in vacuum like the SU(2) counter part.
  - ↳ Can have any value.
- ◆ Can lead to baryon and lepton number change on its own.

[Figueroa et. al., 1707.09967]...

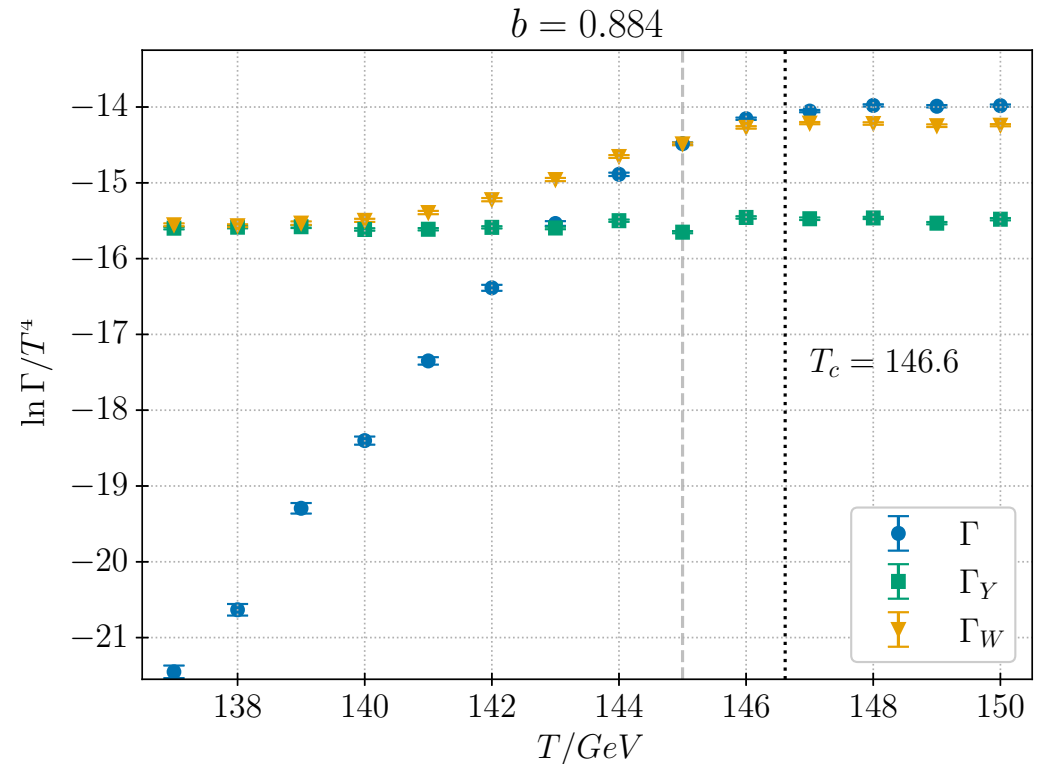
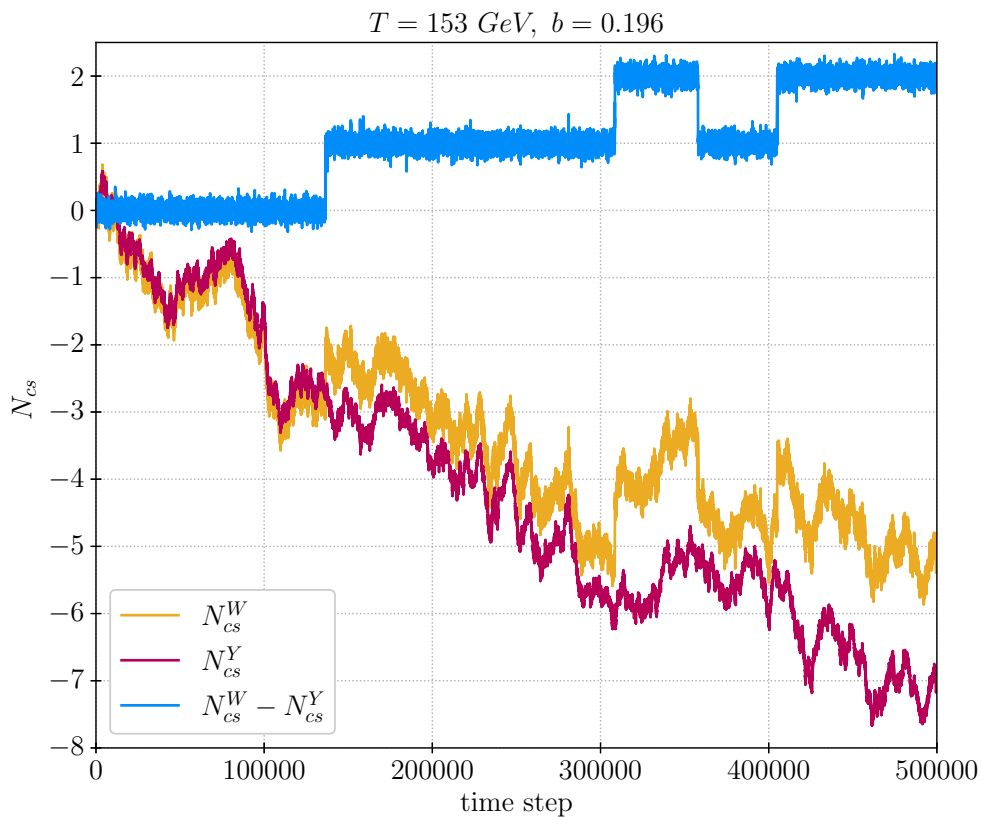
$$N_{CS}(t) \equiv N_{CS}^W(t) - N_{CS}^Y(t),$$

$$3\Delta N_{CS} = \Delta B = \Delta L,$$

$$\Gamma = \lim_{V, t \rightarrow \infty} \frac{\langle N_{CS}(t)^2 \rangle}{Vt}$$

# In the broken phase $SU(2)$ and $U(1)$ $N_{CS}$ are not independent

- ◆ In the broken  $SU(2)$  and  $U(1)$  CS numbers are highly correlated, only the physical difference of the two gets suppressed, with non-zero magnetic field present.
- ◆  $SU(2)$   $N_{cs}$  on its own is not a good ‘order parameter’



# Dynamical lattice simulations of effective theory

- ◆ Effective 3d theory: in finite  $T$  get hierarchy of scales  $\pi T, gT, g^2 T$

↳ Temporal and fermionic fields integrated out and we are left with 3d bosonic theory. [Kajantie et. al., hep-ph/9508379]

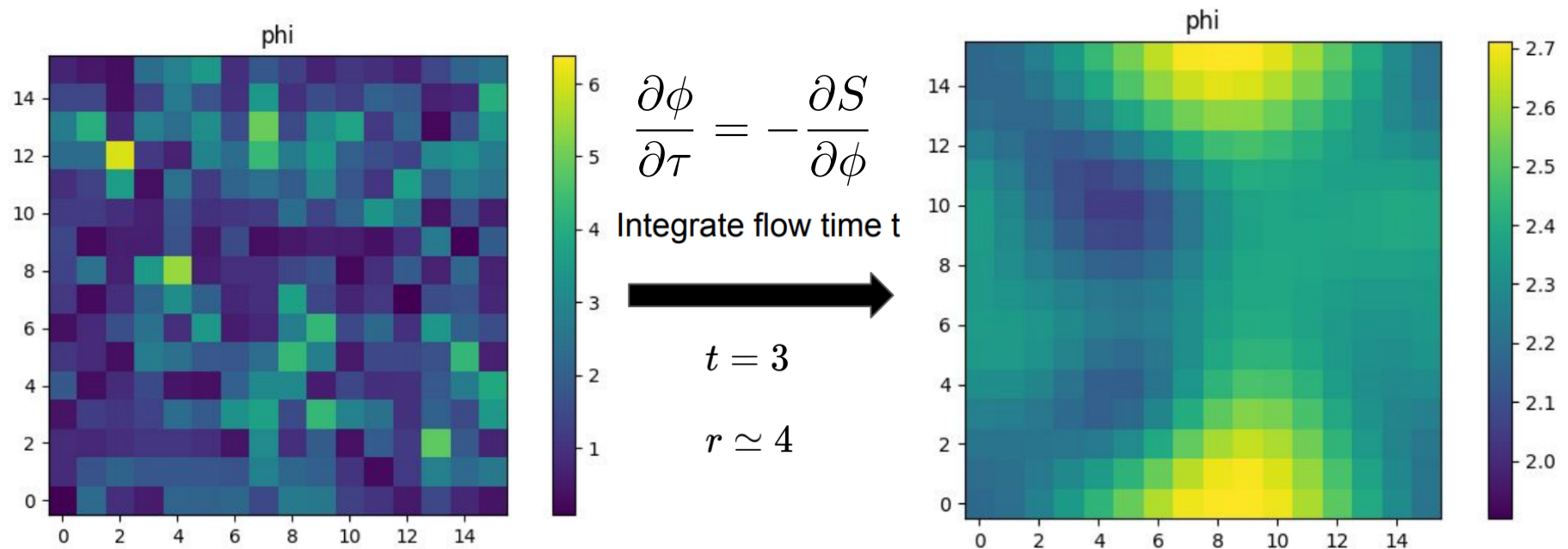
$$L = \frac{1}{4} F_{ij} F_{ij} + \frac{1}{4} B_{ij} B_{ij} + (D_i \phi)^\dagger (D_i \phi) + m_3^2 \phi^\dagger \phi + \lambda_3 (\phi^\dagger \phi)^2$$

- ◆ Realtime: dynamics of SU(2) soft modes are described by Langevin equation. (In practice use heatbath update.) [Bödeker, arXiv:hep-ph/9801430.]

↳ not true for U(1), correct way to describe its time evolution is not clear. However, in the broken phase should not affect sphaleron rate.

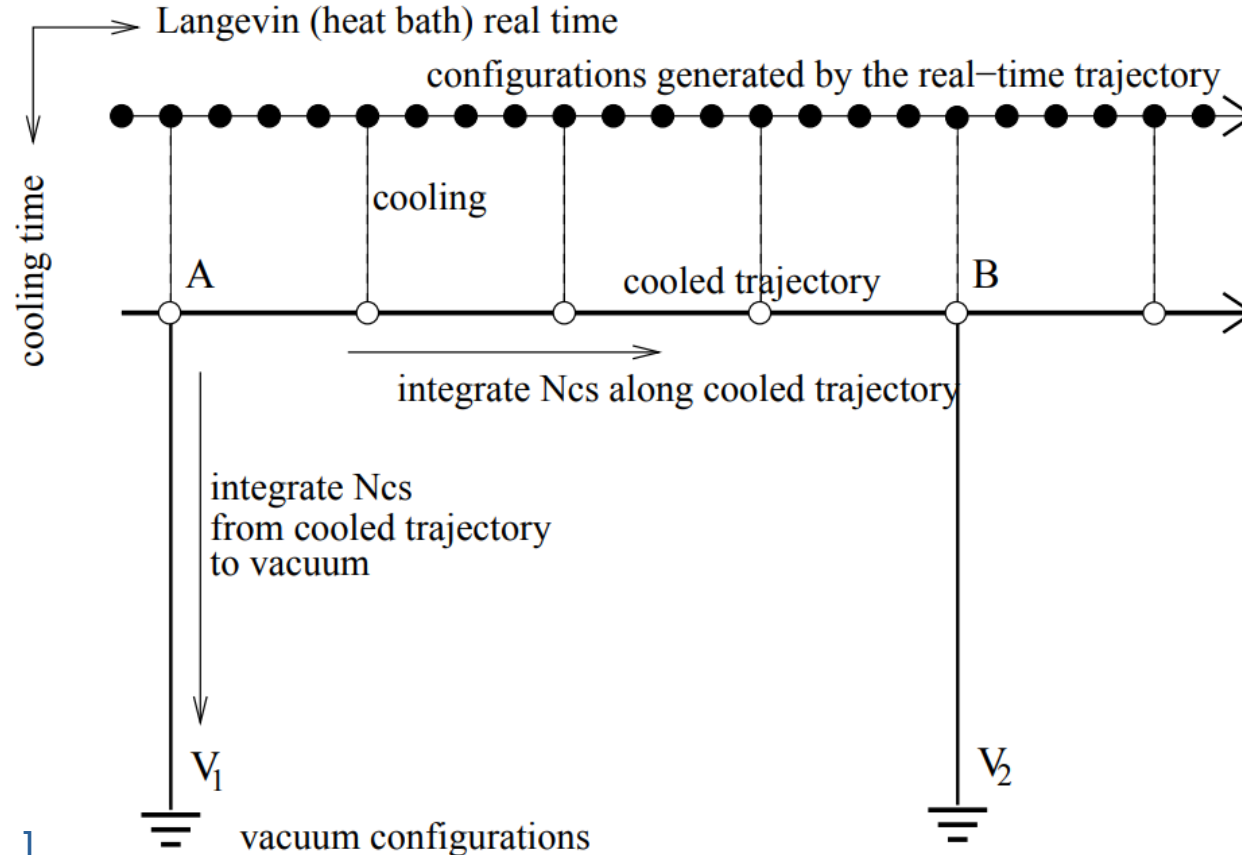
# Measuring the sphaleron rate

- ◆ Lattice definition of Ncs contains UV noise not related to sphaleron transitions.
- ◆ Sphaleron is big in lattice units  $\sim 1/(g^2 T)$
- ◆ After every time step smooth the fields using gradient flow



# Measuring the sphaleron rate

- ◆ Track the Ncs from the cooled fields.
- ◆ With a magnetic field we also need to cool the U(1) fields and compute its Ncs.



[[hep-ph/9805264](#), ... ]

# Multicanonical method

- ◆ Sample with probability:  $P_W \sim e^{-S+W(N_{cs}^W, N_{cs}^Y)}$

↳ Weight function  $W$  chosen to favor sphalerons

- ◆ Run simulation sampling with the weighted distribution to get canonical distribution  $P = P_W e^{-W}$

[ D'Onofrio et. al., 1207.0685, refs therein... ]

$$\Gamma = \frac{P(|N_{cs} - \frac{1}{2}| < \epsilon/2)}{\epsilon V} \left\langle \left| \frac{\Delta N_{cs}}{\Delta t} \right| \right\rangle d$$

statistical                      dynamical

- ◆ Multicanonical method becomes very inefficient with large volumes
- ↳  $N_{cs}$  is a global quantity: increasing lattice size does not help with statistics.

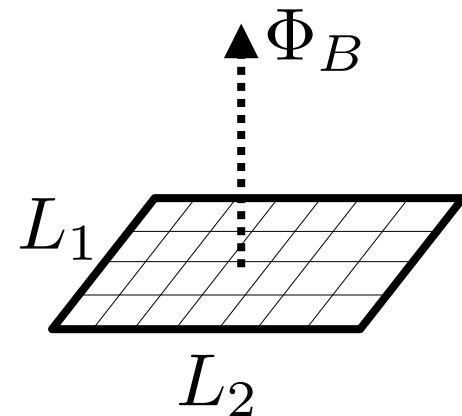


# External hypermagnetic field on the lattice

- ◆ Maintaining translational invariance on a lattice with a periodic boundary conditions requires to quantize the external magnetic field into flux quanta:  $g'_3 \Phi_B = 4\pi n_b$ ,  $n_b \in \mathbb{Z}$
- ◆ Magnetic flux density:

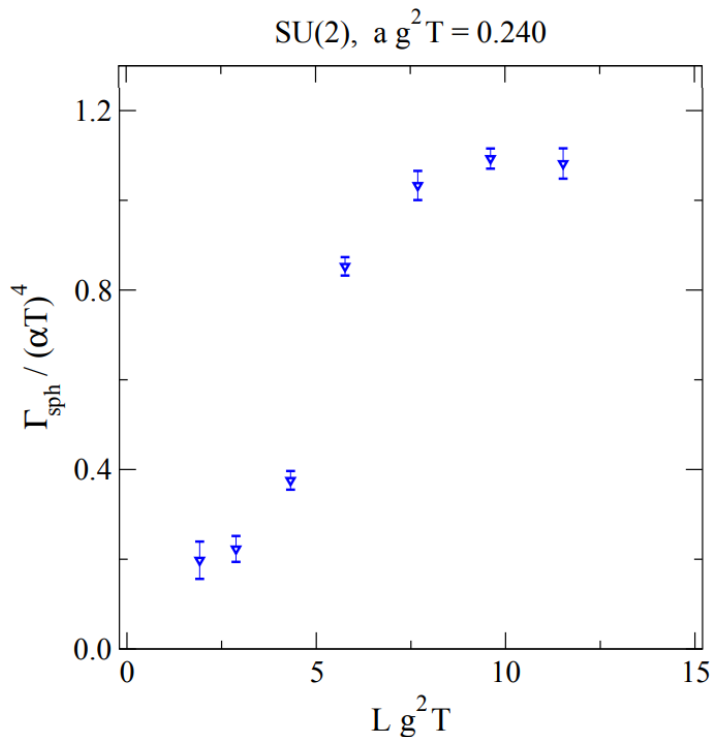
$$b \equiv \frac{g'_3 B_Y^{3d}}{g_3^4} = \frac{4\pi n_b}{L_1 L_2} \left( \frac{1}{g_3^2 a} \right)^2$$

$$B_Y^{4d} \simeq (g'/g^4) b T^2 \approx 2b T^2$$

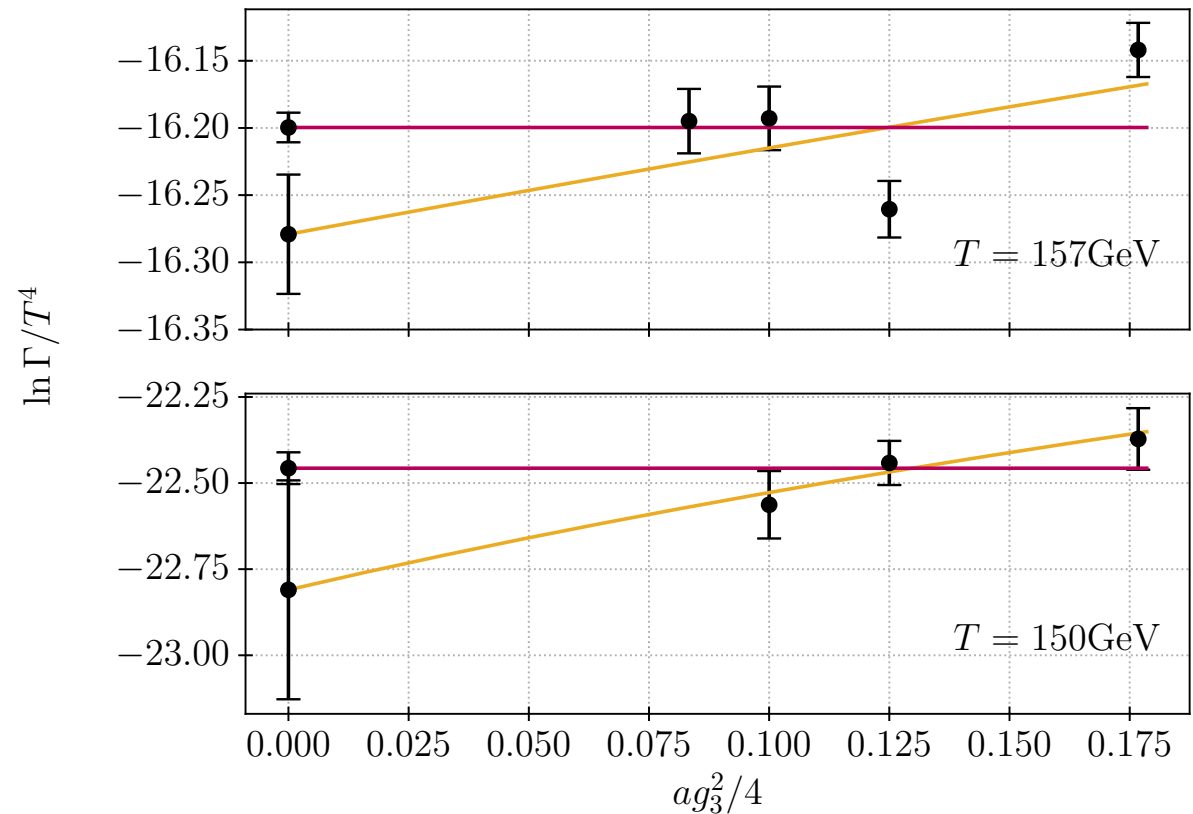


# Volume & Lattice spacing dependence

- Volume dependence very mild after  $L = 8/g_3^2$



- Continuum limit is computationally very expensive



[Laine et al., 2209.13804]

[Moore et al. 1011.1167]

[Moore&Rummukainen, hep-ph/9906259.]

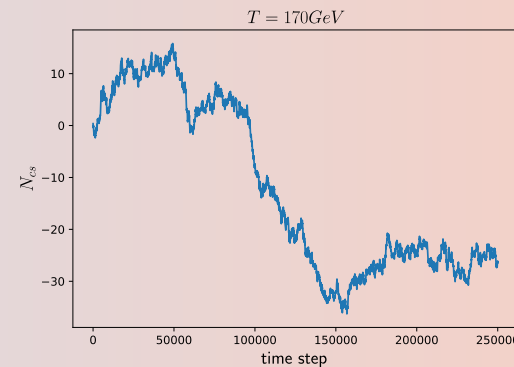
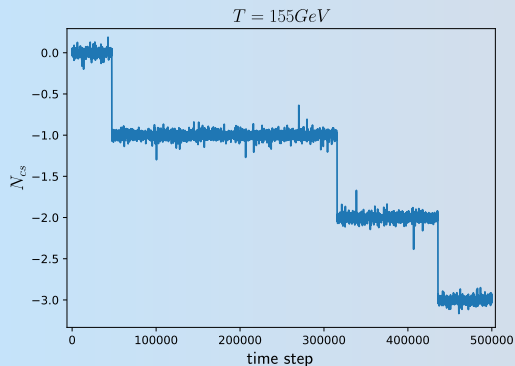
$$\Gamma_{\text{brk}} \sim \alpha_W^4 T^4 e^{-E_{\text{sph}}/T}$$

Broken phase

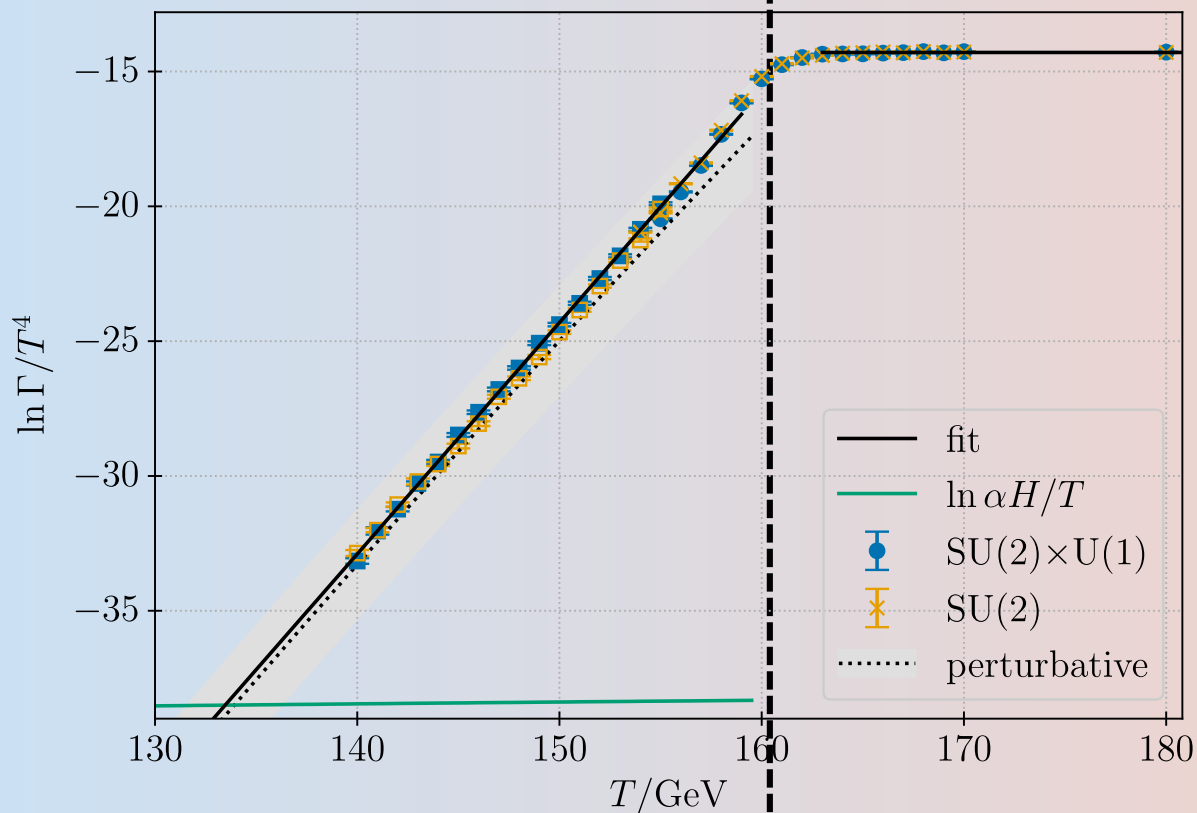
$$T_c \simeq 160 \text{ GeV}$$

Symmetric phase

$$\Gamma_{\text{sym}} \sim \alpha_W^5 \log(\alpha_W^{-1}) T^4$$



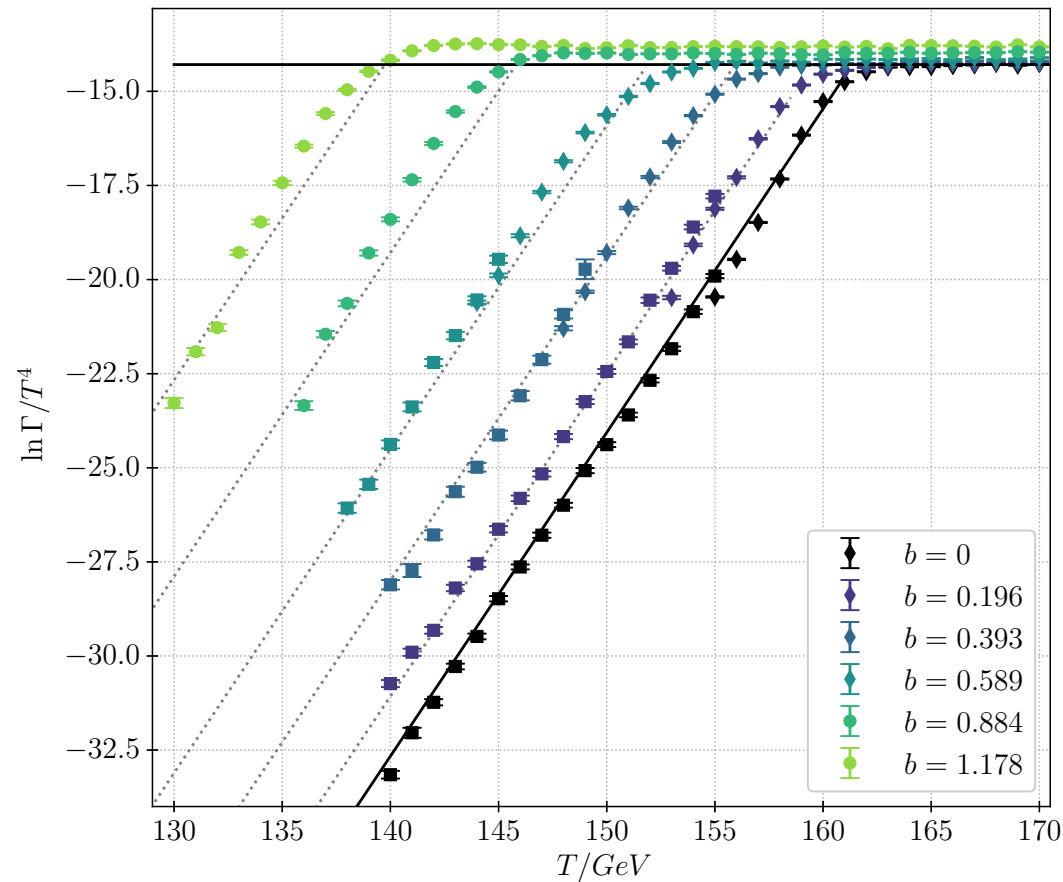
(no magnetic field)



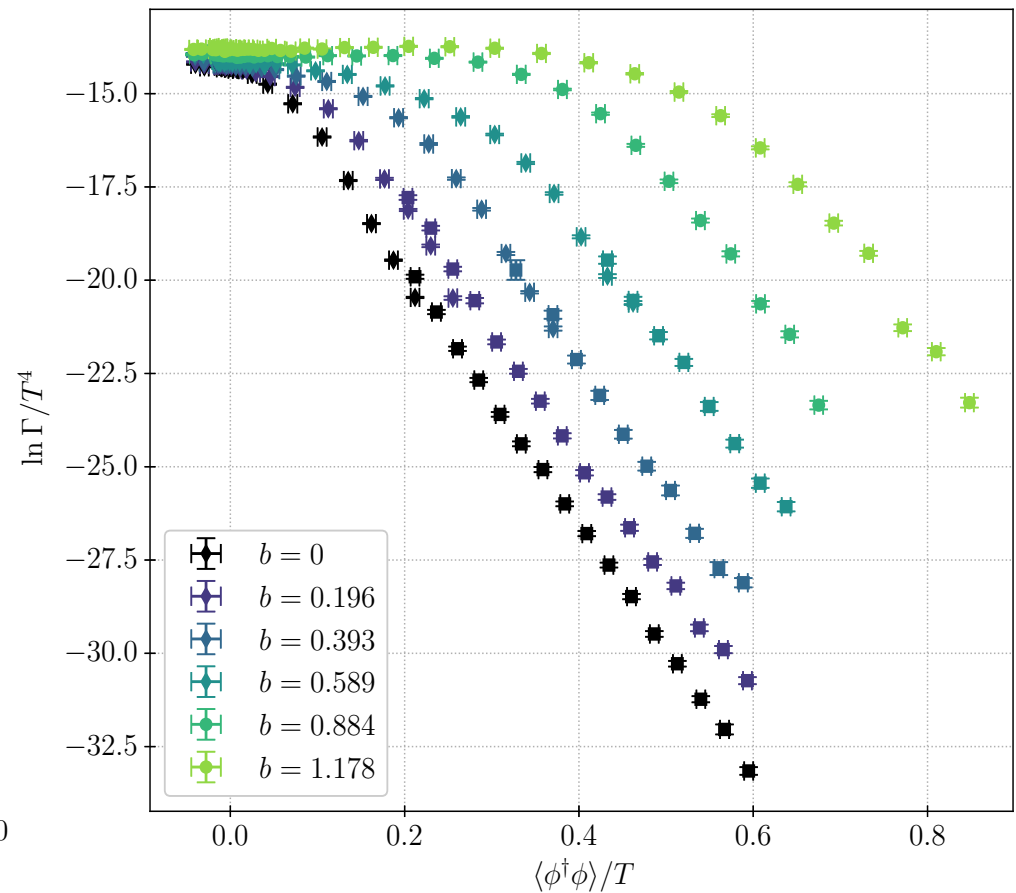
$$\ln(\Gamma_{\text{brk}}/T^4) = (0.86 \pm 0.01)T/\text{GeV} - (153.1 \pm 0.9)$$

$$\Gamma_{\text{sym}}/T^4 \simeq (13.9 \pm 0.1)\alpha_W^5$$

# Sphaleron rate in a magnetic field

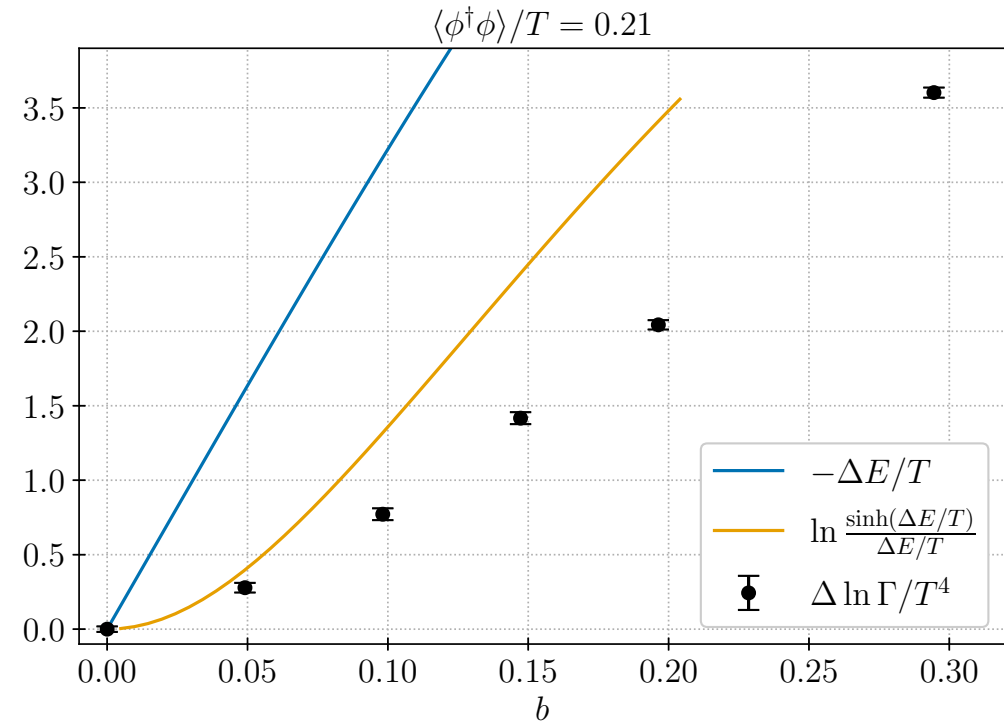
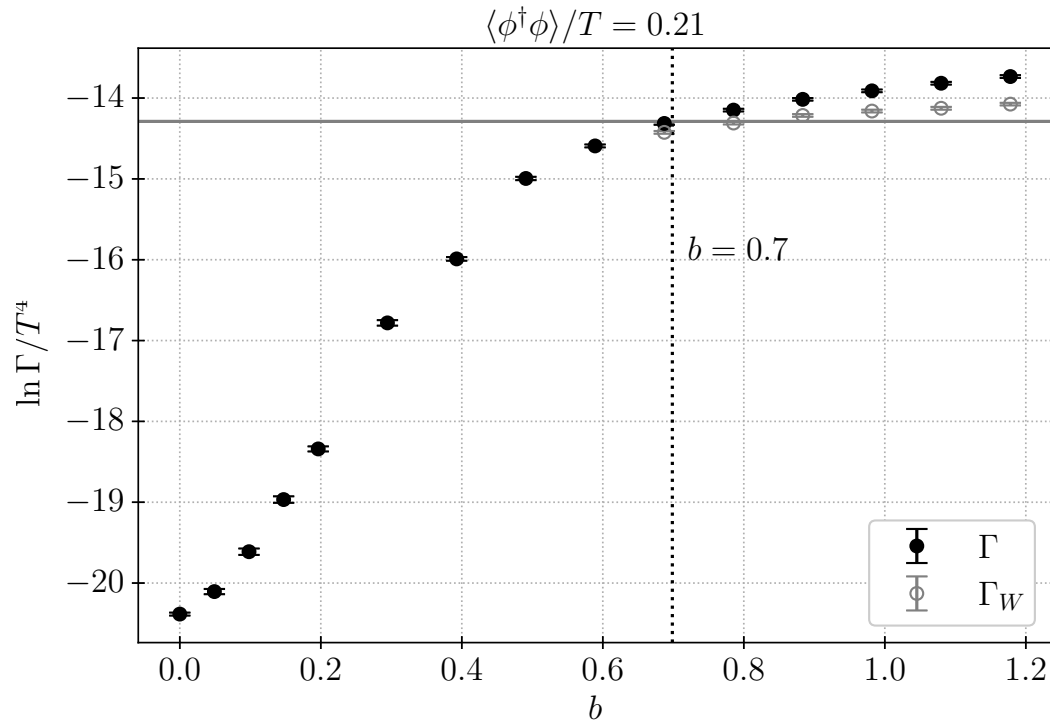


- Black solid lines:  $b=0$  fits
- Grey dotted:  $b=0$  fit shifted according to the shift of the pseudo critical temperature.



- For small external fields the sphaleron dipole moment has bigger effect compared to the changing Higgs expectation value.

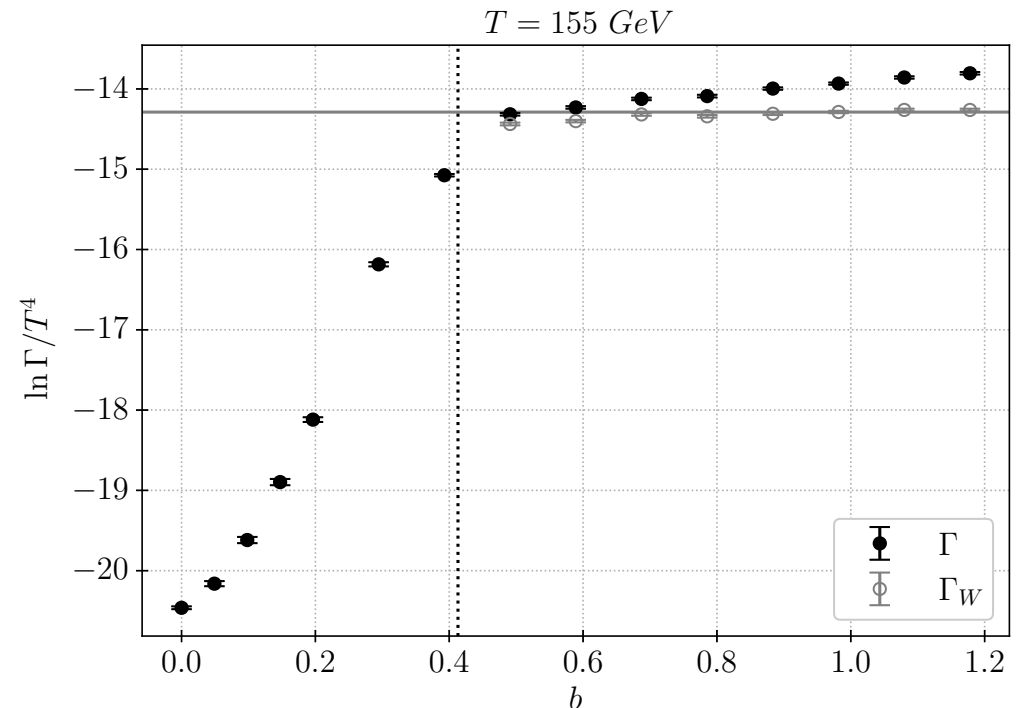
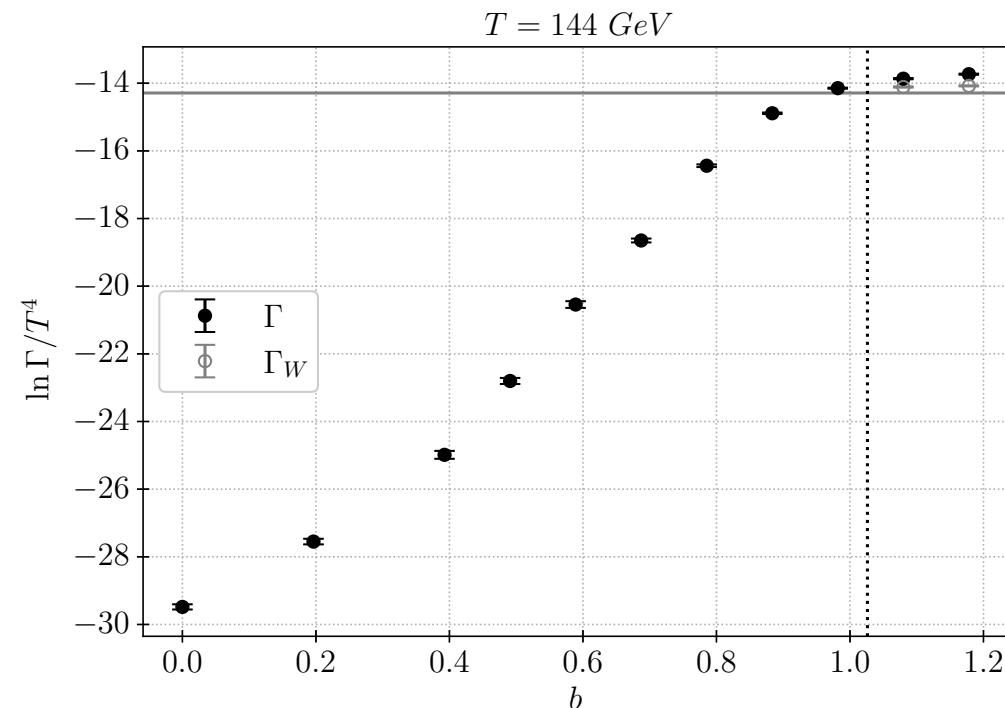
# Rate vs magnetic field at constant vev



Solid line: semi analytical computation  
assuming dipole&spherical approximations

# Rate vs magnetic field at constant T

- ◆ In the symmetric phase the full rate is slightly faster than its components alone  $N_{CS}^W - N_{CS}^Y$
- ◆ In symmetric phase SU(2) rate does not change significantly.

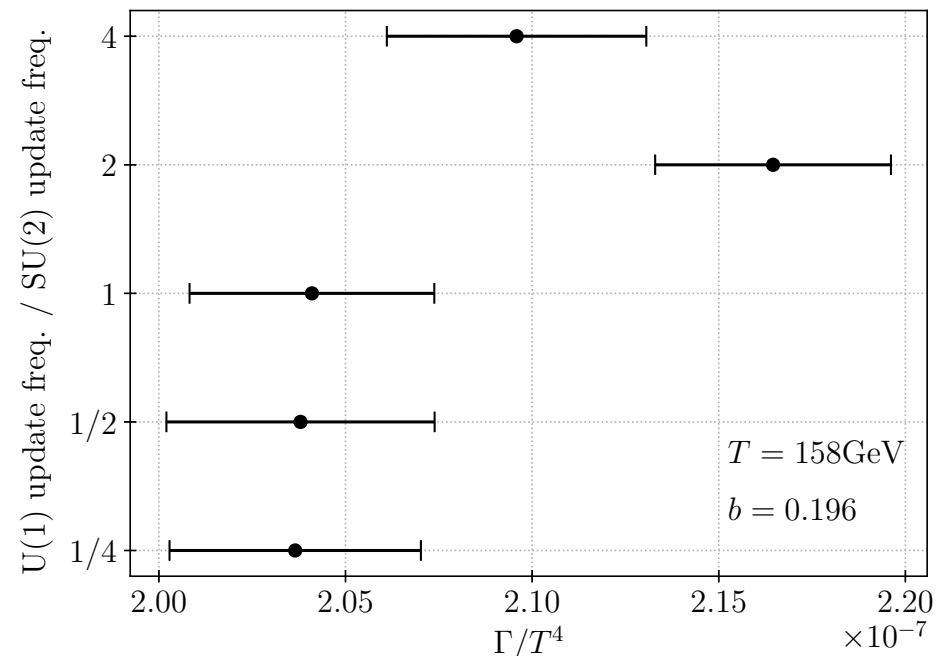


# Conclusions

- ◆ We performed first dynamical lattice simulations investigating effects of external magnetic field on the sphaleron rate.
- ◆ Verified that  $U(1)$  does not change the result when magnetic field is zero.
- ◆ Sphaleron has a magnetic dipole moment and its energy can be lowered in a magnetic field.
  - ↳ For small fields the dipole moment gives the biggest effect. Ultimately the shifting of the pseudocritical temperature dominates.
- ◆ Electroweak transition shifts to lower temperatures with increased external magnetic field  $B_Y = 0 \dots 2T^2$  :  $T_c = 160 \dots 145$  GeV
- ◆ Comparison to semianalytical result: simple dipole approximation works only for very small fields and quickly becomes invalid.

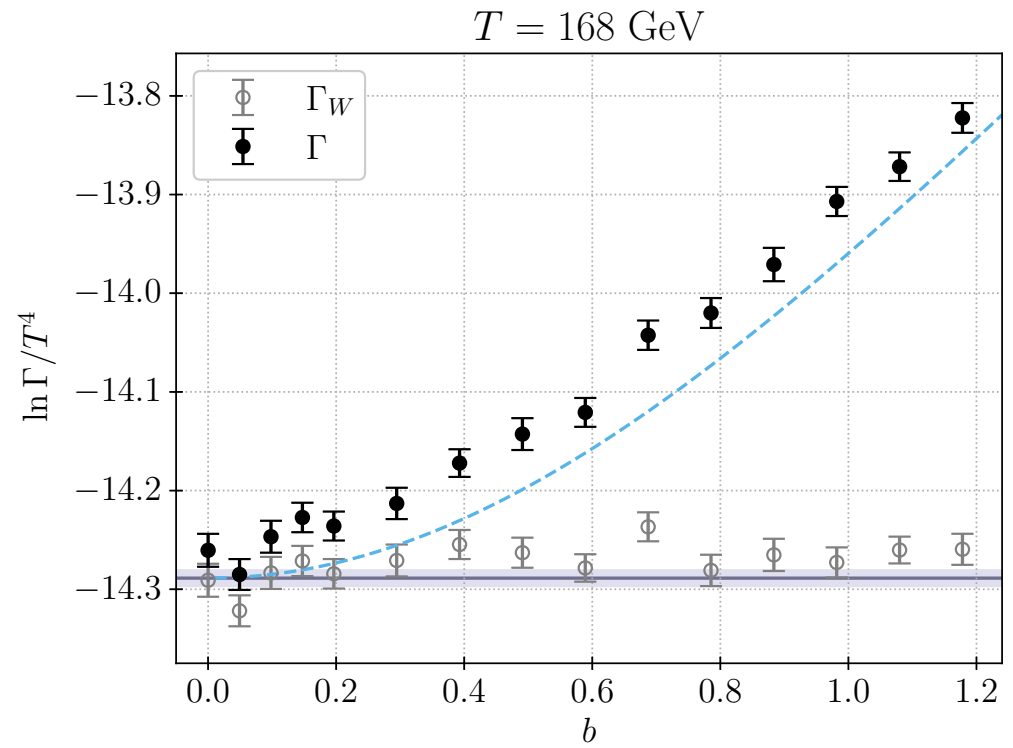
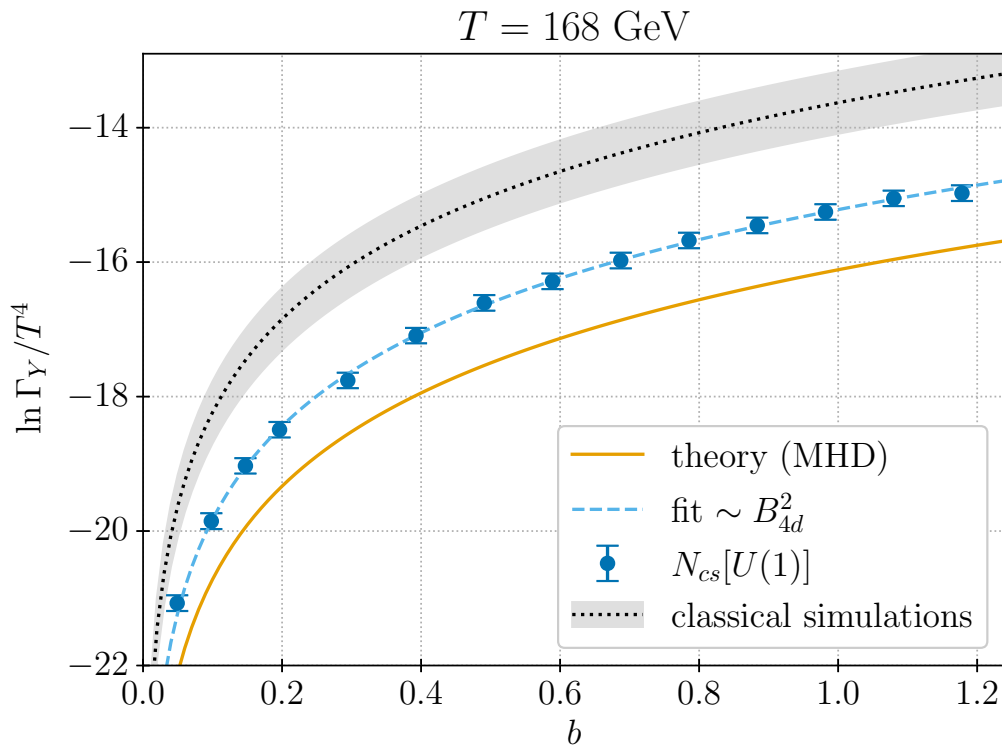
# Backup

- ◆ Sphaleron size  $\sim 1/(g^2 T)$
- ◆ U(1) modes with wavelength of sphaleron size has time scale also  $\sim 1/(g^2 T)$  and are weakly coupled  $g'^2 \ll g^2$
- ◆ SU(2) is over damped, time scale  $\sim 1/(g^2 T)^2$





# The U(1) rate



- ◆ (MHD), classical simulations [Daniel G. Figueroa et al. arxiv:1707.09967, arxiv:1904.11892]

# Backup

$$\Delta \ln \Gamma / T^4 \sim \ln \left\{ \int \frac{d\Omega}{4\pi} \exp \left[ -\frac{\mu_{\text{sph}} B_c^{4d}}{T} \cos \theta \right] \right\} \simeq \ln \frac{\sinh(\Delta E / T)}{\Delta E / T} .$$

