**University of Stavanger**

**Laboratory health and safety rules**

**Physics Olympics 2024**

1. Food and drink are not permitted during class in the lab at any time.
2. Do not come in the lab early unless the instructor is present.
3. Do not wear loose hair or clothing around moving equipment.
4. Wear safety glasses during a lab experiment*.*
5. Do not set equipment too close to the edge of the table.
6. Do not activate any circuit or apparatus until the instructor inspects it.
7. Never touch a possibly live circuit and do not touch electrical equipment with wet hands.
8. Only use laboratory equipment for the instructional purpose for which they were intended.
9. Never look directly in the beam of a laser and light from a lamp used for the experiment.
10. All trash and waste materials should be disposed of in the proper container. Do not pour chemicals into the laboratory sink.
11. Do not short the electrical leads on any equipment.
12. Any equipment except computer not in use should be turned off.
13. Do not take apart any apparatus or piece of equipment.
14. Do not touch other equipment in the lab not intended for your experiment.
15. All damaged equipment and chemical spills should be immediately reported to the laboratory instructor.
16. Accidents and emergencies must be immediately reported to the laboratory instructor.
17. Never remove any computer components (especially the mouse and keyboard).
18. Leave your lab station neat, clean and organized at the end of each lab period.
19. Be aware where fire exits are located.
20. In case of fire alarm, immediately leave the building. Do not use elevators. The meeting point is at the entrance of Kjølv Egelands Hus (Vest ingang).

I hereby certify that I have read and understood the health and safety rules and oblige to comply with them.

12.03.2024, Stavanger

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|  |  |  | Signature |
| Sigve Runde | Barlaug | Lillestrøm vgs |  |
| Felix Gia-Hung | Pham | Stabekk vgs |  |
| Elly Brun | Kjelstrup | Kongsbakken vgs |  |
| Edvin | Brattlid-Roseng | Horten vgs |  |
| Øystein | Berntzen | Elvebakken vgs |  |
| Don Thai | Hoang | St.Olav, Stavanger |  |
| Snorre | Wilhelmsen | Kongsbakken vgs |  |
| Jørand | Runningen | Drammen vgs |  |
| Marius Aleksander Hungnes | Røkke | Thora Storm vgs |  |
| Frederik Alexander | Ådlandsvik | Amalie Skram |  |
| Tarjei Nordbø | Braut | Stavanger katedralskole |  |
| Adrian | Hestnes | Sørumsand vgs |  |
| Kassander Holmgreen | Auve | Sandefjord vgs |  |
| Håkon Tjøstheim | Støren | St. Svithun, Stavanger |  |
| Mathias | Gustafson | Ullern vgs |  |
| Ricardo | Sonda Guiraudeli | Blindern vgs |  |
| Samuel Hessen | Bjerke | Nydalen vgs. |  |